



PNANC

THE PHILIPPINE NURSES ASSOCIATION OF NORTHERN CALIFORNIA, INC

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Dear Colleagues,

This Covid-19 pandemic has changed the way we carry on our activities of daily living. The frontline health care workers are affected the most. They not only take care of their patients but also take care and protect themselves and their families. This may involve separation from their family to prevent the transmission of the virus.

The Executive Board and Advisory Council of the Philippine Nurses Association of Northern California are very grateful of your service, dedication, and commitment to the nursing profession. You are risking your life to take care of others. You are our **Heroes**. As a token of support and appreciation to your service and commitment, PNANC has taken the initiative and launched Masks for Heroes project. PNANC donated masks to hospitals, nursing homes and community agencies primarily in San Mateo County with a few in San Francisco and Alameda Counties. We were able to raise funds to purchase masks. We had friends and relatives who sewed and donated cloth masks.

We also organized a prayer group and have received prayer intentions from PNANC and PNAA members. Pope Francis has provided universal prayer intentions that we have included in our prayers. We are very aware that working long hours in a stressful environment can take on a toll on your physical and mental health. We urge you to take advantage of support and assistance that are available from your employer or insurance carriers. We are looking at the possibility of a Zoom support group for our members. We will keep you informed. In the meantime, please feel free to contact us if we can be of assistance to you.

Thank you & God Bless,

PNANC Executive Board & Advisory Board Members

The Philippine Nurses Association of Northern California (PNANC) is a 501C3 non-profit organization whose mission is to promote fellowship among Philippine nurses, foster a positive image, and provide activities that assist in professional development by implementing educational programs relevant to nursing practice and education research.